

**Atholton Raider Summer Camps 2018**  
**Ages 10 thru incoming freshmen**

Each summer, the Athletic Boosters hold their annual Atholton Raider Summer Camps. Each individual camp will be taught by our highly talented and skillful staff.

The philosophy of the Raider Summer Camp is to provide an instructional clinic from beginner to advanced athletes in a safe and fun environment. We will teach fundamental skills to beginning campers. We will maximize the potential of our intermediate players and challenge the advanced athletes tactically and technically to master their skills.

- Tuition for each camp will be \$145 which includes a Raider t-shirt, individual skills testing, specialized instruction from qualified staff members, guest speakers, and daily awards.
- \$25 fee for cancelling a registered camper.
- Camps with 5-8 participants will be shortened to 2 hours a day.
- Atholton Summer Camps follow Howard County Public Schools Code Red Policies.
- Discounts offered for registering for 3 or more camps. Please email Mona Weinberg for details at [mona\\_weinberg@hcpss.org](mailto:mona_weinberg@hcpss.org).

**Girls Lacrosse – (Atholton High School) – Laura Foerster Puglisi**

June 4 - 8 (5pm – 8pm)

The girls lacrosse camp will focus on developing the fundamental skills for all levels of players. This will be an exciting week with learning about the 'fastest game on two feet!' Skills will focus on stickwork, offense, defense, shooting, and goalkeeping. Campers should bring their own mouthguard, stick, and goggles. Coach Foerster played at Old Dominion University, Div. I for the then World Cup Coach in a nationally ranked program. Her post collegiate career included international play and making several Mid-Atlantic National Teams after college and over a decade of varsity coaching.

**Boys Basketball - Jared Albert**

**Murray Hill Middle School & Clarksville Middle School**

June 18–22 (9–12pm) Murray Hill Middle School

July 9–13 (9–12pm) Clarksville Middle School

July 30 – Aug 3 (9–12pm) Murray Hill Middle School

The Atholton basketball camp offers an opportunity for campers in grades 5<sup>th</sup>– 8<sup>th</sup> to participate in an exciting week of basketball training and game participation. Our camp will focus on fundamental skill development in a safe and fun environment led by head varsity basketball coach Jared Albert. Campers will also learn to apply their skills in 1v1, 3v3, and 5v5 tournaments throughout the week.

**Boys Lacrosse (Atholton High School) –Alex McCoy**

June 18 - 22 (9am – 12pm)

The lacrosse camp focuses on developing fundamental skills for emerging players. Athletes will receive instruction from varsity coaches in areas such as stick work, shooting, dodging, defense, and offensive and defensive strategy. This camp balances the importance of skill building and repetition with fun, competitive drills. This camp is for all skill levels from advanced to beginners, however all participants must provide their own sticks and equipment.

### **Football (Atholton High School) – Justin Carey**

June 18 – 22 (3:30 – 6:30 pm)

This is a non-contact camp that focuses on player development. Develop basic football positional skills on Offense, Defense, and Special Teams. Learn Heads-Up Tackling and combine instruction with proper form. Compete in individual and team competitions throughout the week. Players will have an introduction to off the field preparation including Academics, Introduction to the Weight Room, and Film Study. Learn from Guest Speakers including Atholton Staff, College Players, and select High School and College Coaches. Camp Director is new Head Coach Justin Carey. 6 Years of Coaching experience at the Varsity Level. Coach Carey previously was the Head Coach at Hammond HS with a 15-16 record, and a 28-7 record as Assistant Head Coach at Atholton HS with three finishes in the MD HS Top 25 including #7 in 2011. Coach Carey was a standout Linebacker at Bowie State University (NCAA DII)

### **Softball (Atholton High School) - Allyson O'Neil**

June 25 - 29 (9am - 12pm)

The camp is designed to promote the fundamentals of softball for girls ages 10 thru incoming freshmen. Emphasis will be on fielding, throwing, hitting, base running and the strategy of the game. Specific areas of pitching and catching will be available by interest. Fun, competitive skill assessment will be incorporated with the basics. Gloves, bats and specialized equipment need to be provided by the participant

### **Cross Country/Track and Field - TBD**

### **Volleyball (Clarksville Middle School) – Rob Moy**

June 25 - June 29 (9am – 12) Beginner (age 10-14)

July 16 - 20 (9am – 12) Intermediate Level

July 24 - 28(9am -12) Incoming Freshman/Experienced

This Volleyball Camp is designed for students who want to promote their skill to compete at the upper levels of high school volleyball. The camp will focus on proper technique and movement skills related to volleyball. Camp will include drills and game play designed to develop and master the skills of volleyball. This is the intermediate to advanced skills camp.

### **Girls Basketball (Atholton High School) – Julia Reynold**

July 16 – 20 (5pm – 8pm)

The Atholton Lady Raiders Basketball camp is designed to develop fundamental skills while in a fun environment. The coaches and counselors will help provide drills for players to practice to improve their all around game. These topics include passing, shooting, rebounding, man- to - man defense, and overall offense and defense. Campers will participate in competitive games and contests to master these skills.

### **Baseball (AHS Baseball Field) – Jon Dupski**

July 30 – Aug 3 (5 – 8pm)

The camp is designed to teach fundamental baseball skills to all levels of players while having fun! We go over infield, outfield, hitting, pitching, base running, and catching techniques throughout the week. Additionally, there are highly qualified coaches at the camp, including Atholton alumni who are currently playing baseball in college. This camp allows players to see how baseball is played at Atholton and will push all players to advance their craft.

**Field Hockey (Blandair Park) – Martie Dyer**

July 30 – Aug 3 (9am –12pm)

Action packed week of learning new skills and perfecting, fine tuning skills already possessed. We will also work on small games and the tactical aspects of the fastest growing and best sport there is!!! Coach Martie has over 40 years of experience coaching field hockey.

**Girls Soccer (Atholton High School) – Stephanie Stoutenborough**

July 30 – Aug 3 (9am – 12pm)

This camp is for athletes of all levels who want to develop their skills to be able to play at a more competitive level. Each day several new skills will be introduced to the group, then applied in small sided games. Throughout the week we will focus on: building technical skills (passing, receiving, shooting and dribbling), game/field awareness, and building confidence. Our main goal is to help teach each player how to reach their full potential as a soccer player through instruction and fun games.

**Boys Soccer (Atholton High School) – Mike Bouman**

July 30 - Aug 3 (9am – 12pm)

The Atholton Athletic Boosters Boys Soccer Camp will teach skills and tactics aimed at the future High School player. The coaching staff uses small group learning pods to help players master the skills they will need to be successful playing in High School or upper level Club teams. The camp will focus on skills related to proper heading technique; dribbling; passing; shooting and defense. Each day camp will wrap up with small game situations to incorporate the day's training.